## Do you know someone who is <u>FINDING IT HARD</u> to <u>KEEP WARM</u> at home?

Our Stay Safe and Warm service can help — it is completely FREE for people living in Cleveland.\*

**SCAN ME** 







CLEVELAND FIRE BRIGADE

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www.clevelandfire.gov.uk/ssaw

\*Following a free home assessment. You must live in Cleveland.

















## To stay warmer this winter follow some of the advice below:



- · Move furniture away from radiators to allow heat to circulate
- · Curtains should be thick or lined and closed at dusk to keep heat in
- Use heating controls to help manage room temperatures and times
- Turning the room thermostat down by 1°C can save 10% off your bill
- Room temperatures should be set between 18°C and 21°C (64°F and 70°F)
- Remember a room stays warm for 45 minutes after you switch off the heating
- Setting your hot water tank thermostat to 60°C (140°F)
- · Place aluminium foil behind the radiators to reflect heat back into the room
- Draught proof windows and exterior doors with brush or PVC seals
- Fit a brush or spring flap to letterboxes and cover keyholes

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