

WEEKLY FOOD MENU

WEEK 1

Days	Main Course*	Salad Bar Options	Homemade Soup	Jacket Potato Counter	Sweet Selections
Monday	<p>CHICKEN FAJITAS WRAP</p> <p>MINCED BEEF SHEPERD'S PIE</p> <p>MACARONI CHEESE</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE VEGETABLE SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Tuesday	<p>SPAGHETTI BOLOGNAISE</p> <p>TANDOORI CHICKEN FILLET WITH SPICY RICE</p> <p>CHEESE AND ONION LATTICE FINGERS</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE CREAM OF MUSHROOM SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Wednesday	<p>MINCED BEEF CHILLI WITH RICE</p> <p>TOMATO AND BASIL PASTA BAKE</p> <p>CHICKEN BURGER IN A WHOLEMEAL BUN</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE SWEET POTATO SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Thursday	<p>ROAST CHICKEN FILLET WITH SAGE AND ONION STUFFING</p> <p>BATTERED COD FILLET</p> <p>VEGETABLE RAGU AL FORNO</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE TOMATO AND BASIL SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Friday	<p>CHICKEN TIKKA MASALA WITH RICE</p> <p>PENNE PASTA CARBONARA</p> <p>MARGHERITA WHOLEMEAL PIZZA WRAP</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE CARROT AND CORIANDER SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>

*A choice of two vegetables and a potato choice available daily.

WEEKLY FOOD MENU

WEEK 2

Days	Main Course*	Salad Bar Options	Homemade Soup	Jacket Potato Counter	Sweet Selections
Monday	HUNTERS CHICKEN WITH BBQ SAUCE TUNA PASTA BAKE VEGETABLE SAMOSA WITH RICE AND CURRY SAUCE	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE CREAM OF TOMATO SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Tuesday	BEEF MEATBALLS WITH TOMATO AND HERB SPAGHETTI CHICKEN CASSEROLE WITH YORKSHIRE PUDDING CHEESE AND RED ONION QUICHE	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE LENTIL SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Wednesday	CHICKEN IN BLACK BEAN SAUCE WITH RICE VEGETABLE LASAGNE CHICKEN BURGER IN A WHOLEMEAL BUN	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE MINISTRONE SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Thursday	MINCED BEEF AND DUMPLING VEGETABLE PASTA BAKE CHICKEN KOFTA WITH RICE AND PITTA BREAD	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE ROASTED PEPPER AND TOMATO SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Friday	CHINESE CHICKEN CURRY WITH RICE PASTA ARRABIATA MARGHERITA WHOLEMEAL PIZZA WRAP	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE VEGETABLE SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.

*A choice of two vegetables and a potato choice available daily.

WEEKLY FOOD MENU

WEEK 3

Days	Main Course*	Salad Bar Options	Homemade Soup	Jacket Potato Counter	Sweet Selections
Monday	<p>ITALIAN CHICKEN FILLET WITH HERBY PASTA</p> <p>BATTERED COD FILLET</p> <p>CAULIFLOWER AND BROCCOLI MORNAY</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE VEGETABLE SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Tuesday	<p>MINCED BEEF LASAGNE</p> <p>RED THAI CHICKEN CURRY WITH VEGETABLE RICE</p> <p>CHEESE AND TOMATO OMELETTE</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE SPICY SWEET POTATO SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Wednesday	<p>MINCED BEEF RAGU AL FORNO</p> <p>VEGETABLE AND BEAN CHILLI TACO</p> <p>CHICKEN BURGER IN A WHOLEMEAL BUN</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE TOMATO AND BASIL SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Thursday	<p>ROAST TURKEY WITH SAGE AND ONION STUFFING</p> <p>HOMEMADE CORNED BEEF AND POTATO PIE</p> <p>ROAST VEGETABLE AND CHEESE TARTLET</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE CARROT AND CORRIANDER SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>
Friday	<p>CHICKEN BALTI WITH RICE</p> <p>TOMATO AND MASCARPONE PENNE</p> <p>MARGHERITA WHOLEMEAL PIZZA WRAP</p>	<p>A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.</p>	<p>HOMEMADE LENTIL AND BEAN SOUP</p> <p>SERVED WITH A SELECTION OF BREAD ROLLS.</p>	<p>JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.</p>	<p>A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.</p>

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WEEKLY FOOD MENU

WEEK 4

Days	Main Course*	Salad Bar Options	Homemade Soup	Jacket Potato Counter	Sweet Selections
Monday	CHICKEN PARMIGIANA MINCED BEEF ENCHILADA CHEESE AND ONION LATTICE FINGERS	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE MINISTRONE SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Tuesday	CHICKEN AND VEGETABLE PIE PASTA ITALIENNE WHOLEMEAL CHEESE TOASTIE	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE LENTIL SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Wednesday	SWEET AND SOUR CHICKEN WITH NOODLES VEGETABLE AND CHICK PEA CURRY WITH RICE CHICKEN BURGER IN A WHOLEMEAL BUN	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE CREAM OF TOMATO SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Thursday	CAJUN CHICKEN FILLET WITH SPICY VEGETABLE RICE PORK SAUSAGES WITH MASHED POTATO MACARONI CHEESE	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE VEGETABLE SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.
Friday	CHICKEN KORMA WITH RICE HOT ROAST TURKEY SANDWICH MARGHERITA WHOLEMEAL PIZZA WRAP	A SELECTION OF MEAT, FISH AND VEGETARIAN CHOICES FRESHLY PREPARED DAILY, ALONG WITH A MIXTURE OF FRESH SALAD OPTIONS. A SELECTION A COLD SANDWICHES AVAILABLE.	HOMEMADE CREAM OF MUSHROOM SOUP SERVED WITH A SELECTION OF BREAD ROLLS.	JACKET POTATO AVAILABLE DAILY, WITH A SELECTION OF HOT AND COLD FILLINGS.	A HOT DESSERT SERVED WITH CUSTARD SERVED DAILY. AS WELL AS, A CHOICE OF FRESHLY PREPARED FRUIT, YOGHURT, CHEESE AND BISCUITS, AND HOMEMADE CAKES AND BISCUITS.

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